

{professional **peel system**}

a unique combination of AHA's (8% lactic and 8% citrus acids) along with BHA's (8% salicylic acid). peels may be customized for each client and offer rapid penetration with low irritation. through controlled layering light to medium strength peels can be achieved. ideal to treat acne, hyper-pigmentation and environmentally damaged skin.

peel prep

+ non-hydroquinone **lightener**

skin conditions: all skin conditions

product purpose: the low irritation pigmentation suppression system preps the skin prior to AHA/BHA peels.

product benefit: designed to degrease the skin's surface prior to applying a peel application.

key ingredients:

kojic acid

sigesbeckia orientalis extract

ascorbyl palmitate

licorice root extract

myristoyl pentapeptide-11

professional **peel**

+ **salicylic** lactic **citrus**

skin conditions: all skin conditions

product purpose: designed for treatment of acne, hyper-pigmentation and environmentally damaged skin.

product benefit: this peel provides the best combination of AHA/BHA benefits for skin renewal.

key ingredients:

lactic acid

salicylic acid

ascorbyl palmitate

myristoyl pentapeptide-11

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{protocol professional peel system}

FOR PROFESSIONAL USE ONLY

Following the below guidelines and protocols will help achieve the best possible result for your client.

CLIENT CONSULTATION with complete medical history to include relevant topics pertaining to the use of topically prescribed retinoid; use of AHA's, BHA's and other chemical exfoliants.

INFORMED CONSENT FORM with SIGNED RELEASE is mandatory prior to first treatment and should be reviewed and initialed each peel received there after.

PRECAUTIONS TO CONSIDER FOR PEELS

History of sun exposure and/ or tanning beds

Poor capillary health

Herpes simplex virus (cold sores)

History of topical medications, i.e. retinoids, Retin-A™, Renova™ including acne medications

History of oral medications, i.e. minocycline, erythromycin, isotretinoin, hormone replacement therapy, birth control methods

History of allergic reactions, irritants or compromised barrier function

Previous facial plastic or reconstructive surgery

Rosacea

Menstruating or PMS

CONTRAINDICATIONS FOR PEEL CLIENTS

NO CURRENT ACCUTANE users, must be off Accutane a min of 6 months to 1 year

Skin conditions that include dermatitis, eczema, psoriasis and seborrhea

NO pregnancy or lactating

NO active herpes or other viral lesions such as warts

Prone to keloid scarring or poor healers

Continued excessive sun exposure

Sunburn

Cancer/skin cancer or client receiving radiation and/or chemotherapy

Vitiligo

Medications such as blood thinners or photosensitizing medications

Recent plastic or laser surgery

Injectables (botox, restylane etc.) within 7 days

Uncontrolled diabetes

Client under the care of Doctor

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{pre treatment preparation for client}

Perform PATCH TEST 48-72 hours prior to treatment. Perform PATCH TEST on small area of face (in front of ear) using both PART 1 and PART 2. Allow PART 1 to dry before applying PART 2. Cover treated area with small piece of wet gauze to activate the peel. Wait 2-5 minutes to determine extreme sensitivity. If extreme redness, a rash or major discomfort from client occurs DO NOT proceed with peel.

No prescriptive topical 3-5 days prior to peel

No abrasive scrubs or AHA's 3-5 days prior to peel

No prolonged sun exposure 2 weeks pre and post peel

No waxing, electrolysis or depilatory 1-2 weeks pre and post peel

Explain to client what they can expect to feel during and after receiving the peel.

Normal occurrences or possible reactions

Reddening of the skin

Skin might feel itchy

Some irritation

Sun sensitivity

Flakiness or drier than normal skin

Possible sensitivity to perfumes and other products client normally uses

Make sure client understands the importance of following the recommended home care to include SUN PROTECTION. Advise client to contact you if any adverse reactions should occur such as swelling, prolonged redness, or blistering.

SUPPLIES on HAND:

Small dish

Headband

Fan brush or 2x2 gauze

100 % cotton 4x4 pads

Baking soda

Fan (handheld)

Bowl for water or ice

Latex-free gloves

Part 1 peel **prep** + non-hydroquinone **lightener**

Part 2 professional **peel** + **salicylic** lactic **citrus**

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{peel **steps**}

ALWAYS DO PATCH TEST FIRST

REMOVE CONTACT LENSES

REMOVE **eye** makeup + **remover** and lipstick

CLEANSE face and neck thoroughly with **gentle gel** cleanser

steps:

Apply petroleum or occlusive product around immediate eye area.

part 1: peel prep + non-hydroquinone lightener. Apply to face using cotton pad repeating until no color is left on the pad. Allow drying. You may apply a second layer of PART 1 peel prep + non-hydroquinone lightener to hyper-pigmented areas only. Always allow the peel prep to dry between layers and before beginning professional peel PART 2.

part 2: Pour a small amount of professional peel + salicylic lactic citrus into dish. Apply with a fan brush working rapidly. Begin at the forehead and move to outer perimeter of the face, chin, nose, upper lip area, cheeks, and neck.

Using unfolded 4x4's strips soaked in cold water apply to treated area for 3-5 minutes to fully activate peel. The client will feel a warming sensation when compresses are applied. Ask client if any areas sting more than another this may be an area of sensitivity. Around the nose can be more sensitive. For this PEEL TO FULLY ACTIVATE WET COMPRESSES MUST BE APPLIED TO AREA BEING TREATED.

After peel time is complete remove compresses and gently rinse with cotton rounds or soft sponges and cool water.

IF CLIENT FEELS EXTREME DISCOMFORT OR BURNING IMMEDIATELY NEUTRALIZE THE AREA OR HOT SPOT. This is accomplished using 1 teaspoon of sodium bicarbonate mixed with 1 cup of water. Apply solution to area and cover with extremely cold compresses. **

TONE using a light mist over face apply **instant soothing** toner

CALM with **vital recovery** concentrate

HYDRATE with **ultra performing** complex

PROTECT with **anhydrous barrier** spf 20

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{peel tips}

Always start conservative with clients and build as their skin gets conditioned. PART 1 peel prep + non-hydroquinone lightener may be layered up to 2 layers, allowing to dry in between layers.

PART 2 professional peel + salicylic lactic citrus may be layered up to 3 or 4 layers in the following visits depending on the client's skin and the area being treated.

A series of peels is recommended for best results. Typically a series will consist of 3-4 peels and they can be given 7-10 days apart.

A series may be repeated every 3-4 months depending on the condition of the client's skin.



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