

Skin for Life!

9-1 Facial System Basic Protocol

Cleanser: Skin for Life Gentle Milk, Gentle Gel, Salicylic Gel

Use: Foam Brush Tool to enhance a thorough cleansing to the entire face and neck.

Tone: You may use Instant Soothing Toner in the 9-1 Facial System Spray/Vacuum to give an even mist to the entire face and neck.

Microdermabrasion: This may be used after you dry the skin after Toning.

Options for Exfoliation:

Exfoliation I: Apply with a mask brush a thin layer of Exfoliate Enzyme + papaya; then use steam to soften the skin along with using the rotary brush with the brush adapter to manipulate the enzyme.

Exfoliation II: Use may also use granules, gommage, and or microdermabrasion cream as an exfoliation.

Exfoliation III: Apply a thin layer of Skin for Life Renewal Serum or Exfoliate Enzyme + papaya; then place moisten facial gauze on the face and begin with disencrustation by setting your galvanic button on Ana (Anaphoresis) to breakdown the cohesion of dead skin cells. You may go over each area with 5 second intervals until you have completed the entire face.

Extractions: Optional

High Frequency: Place dry gauze over the entire face:

Sensitive Skin: Use the Purple Mushroom over the dry gauze.

Stimulation: Use the Long Glass Tool to encourage stimulation for anti-aging and slacking skin. Manipulate over dry gauze

Non-inflamed and Inflamed acne: Use the Curved Ball Head to treat acne related conditions for prevention of the propions-bacterium. If you are going to so call “Zap the area of concern” zap for 3 seconds and move on to other areas; remember heat may also burn or breakdown tissue. Manipulate over dry gauze

Hard to reach places: Use the Spoon Glass Tool for the nasal region, temple region, and chin region. Manipulate over dry gauze

Tone: You may use Instant Soothing Toner in the 9-1 Facial System Spray/Vacuum to give an even mist to the entire face and neck.

Oxygen Infusion System to the 9-1 Facial System: Optional from the High Frequency: You may use Oxygen Infusion as an adjunct to your treatment after exfoliation. Please follow the instructions from your Oxygen Infusion Manual for performance steps.

Massage: Use serum, concentrates, complexes, and or ampoules

Skin Tightening: DO NOT remove your creams, serums, and or ampoules from the skin. Apply conductivity gel over the area you will work, then transition to another area and perform the same steps. It is important to continuously maintain moistness to the area you are working. Please follow the directions of movements from the 9-1 Facial System manual.

Remove Conductivity Gel with Dry Gauze; then **Tone** skin with Instant Soothing Toner and remove with moist sponges and or moisten gauze.

Nourish: Reapply serums, concentrates, and complexes before applying your mask.

Remove mask and reapply your serums, concentrates, and complexes before apply Anhydrous Barrier SPF 20 sunscreen as the final product.