

Skin For Life
Product Manual
2009



skinforlife
new york london

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Skin For Life is a division of Lifeline Medical, Inc., a company that has been in business since 1991. Our focus is on quality and customer service. Lifeline Medical, Inc. had a vision of bringing skincare and equipment together in an innovated enterprise, and has succeeded in doing so.

Growing rapidly within the skin care industry and associating with savvy estheticians, we have listened to their suggestions and as a result manufacture state of the art equipment in our Brooksville, Florida office. Our equipment has become a signature for many skin care professionals around the world.

We realize that equipment must be enhanced by a quality skin care line to achieve optimum long-term results. At Skin For Life we want the best by delivering quality ingredients for long lasting results. We have collaborated with expert scientists in the skincare industry, which has allowed us to integrate LSS™ (Life Sustaining System) within Skin for Life professional skin care products.

Education is extremely important in the skin care industry today. Our advanced education classes are designed to help the esthetician keep up with current industry standards and trends. We take extreme pride in ensuring that we are the support center for skin care professionals; through web site information, web cam technology, and additional support with our education director to answer any questions of concern.

Skin For Life Training Centers allow skin care professionals easier access to one-on-one class instruction. Our training facilities are located in: Brooksville, FL, Orlando, FL, New Orleans, LA, Atlanta, GA, Charlotte, NC, Greensboro, NC, Chicago, IL, Austin, TX, Wichita Falls, TX, Los Angeles, CA, and San Diego, CA.

It is our pleasure to consult with you for all of your skin care needs.

Thank you for choosing **Skin For Life!**

Skin For Life *professional skin care products are natural remedies for the skin.*

Skin For Life is using LSS™ (Life Sustaining System)

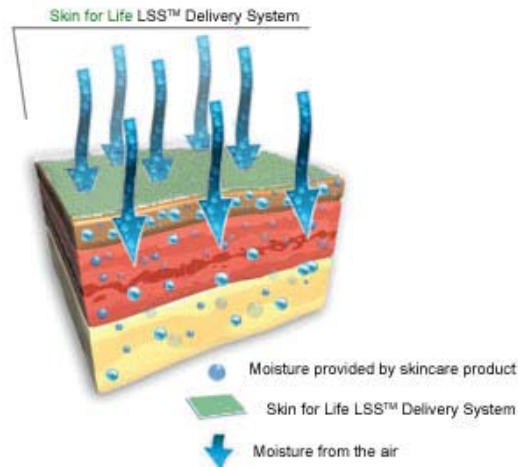
We are proud to use the latest in skin care technology, known as LSS™ (Life Sustaining System). This cutting-edge technology helps to enhance, improve, and maintain the integrity of skin immunity.

Inflammation seems to have a major impact on the aging process and we are now seeing physicians in wellness centers promoting an anti-inflammatory diet to try and improve overall health. So with our focus on skin and its aging process, we at Skin For Life also take into consideration the elements of sun, lifestyle, and genetics which can often be responsible for the breakdown of proteins. Skin For Life professional skin care products focus on the cell itself, which is the superficial portion of the skin that everyone wants to improve. However, without treating what you don't see, you will never be able to improve what you do see.

LSS™ (Life Sustaining System) improves and preserves the ingredients, promoting nutritional benefits for cellular health. In simple terms this technology allows an organic ingredient to become a performing ingredient.

At Skin For Life, we have incorporated a cutting edge technology, by integrating LSS™ (Life Sustaining System) with our Skin for Life professional skin care products. Scientific research has determined that by using our own antimicrobial peptides to enhance our defenses within our epidermal layers, such as keratinocytes, langerhan cells, and EDJ (Epidermal-dermal junction), we may integrate these particular components into our skin care to promote a stronger immunity response.

Skin For Life Diagrams



The first gateway of penetration is the stratum corneum via the intercellular cement. The intercellular cement is poly-unsaturated fatty acid chain; this aids in transporting active ingredients with the peptide configuration in a nano-technological sphere.

Cells have the ability through its selective permeable membrane to take in and remove components to and from the cell.

The membrane may work through a homeostasis mechanism with Sodium (Na) or Potassium (P) pumps to bring in nutrients into the cell.

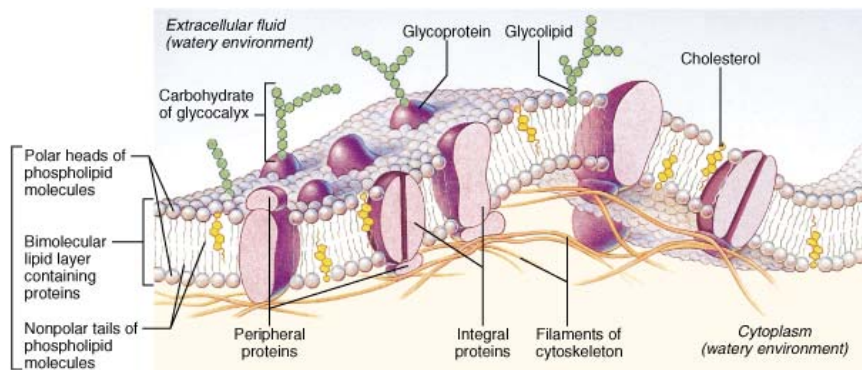
Membrane may use Physiological Pumps, by using ATP energy through channels and or gateways for absorption and removal.

Cell membranes may use endocytosis and exocytosis with a vacuole to bring in nutrients and removal of waste.

The diagrams explain the dynamics of enhancing the cell membrane and the penetrable effect of incorporating nutrients (peptides) with nano-technology.

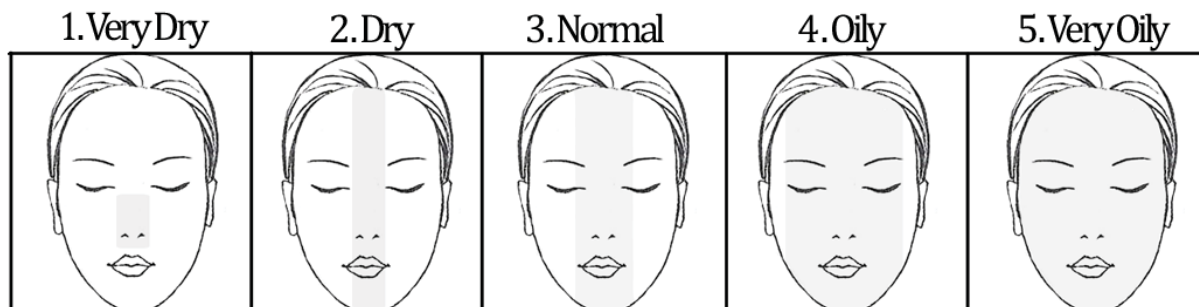
Proteins may have a positive change to a cell's metabolism and thereby supporting the main component of the cell ... (DNA).

LSS™ (Life Sustaining System) is just that the peptides within nano-technological spheres, may give skin potential for long term positive results.



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Skin For Life Complexion Analysis



SFL Skin Type 1 - Very Dry

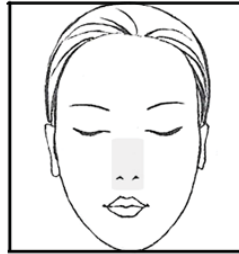
Description: Low sebaceous activity, dilated follicle size only visible in the nasal region.

Conditions: Burn: Sun, Chemical, Wind, Heat; Sensitized (Chronic/Temporary); Compromised Barrier of Integrity; Dehydration; Milia Cyst; Tissue Congestion; Rough Texture; Flaky Skin; Lines; Loss of Elasticity; Capillary Distention: mild, moderate, severe; Irregular Pigmentation (Hyper/Hypo); Decreased Sebum; Fine lines; Rhytides – beyond fine lines






<p>Gentle Milk Cleanser + liquid dissolve system</p> 	<p>product purpose: cleanser designed to lift impurities & dissolve makeup</p> <p>product benefit: oil free humectants help dissolve makeup and debris while combating dryness and irritation</p>
<p>Instant Soothing Toner + natural phospholipids</p> 	<p>product purpose: this soothing toner was formulated to be non-abrasive and non-irritating to the skin. contains calming ingredients azulene and bisabolol. also incorporates soothing moisturizers aloe and natural phospholipids.</p> <p>product benefit: alcohol free and pH balanced to compliment the pH of the skin. can be used in preparation prior to serums and moisturizers to aid in absorption.</p>
<p>Advanced Eye Treatment + growth peptide LSS™ delivery</p> 	<p>product purpose: this corrective and restorative eye treatment is designed with peptides and ceramides to increase collagen stimulation. A further blend of ingredients prevent the formation of pigment present in dark circles</p> <p>product benefit: solution for wrinkles around the eye area and under-eye dark circles</p>
<p>Vita C Peptide Serum + firming LSS™ delivery</p> 	<p>product purpose: formulated to deliver a high dose of vitamin C and packets of essential nutrients (LSS) aiding in increased production of collagen and elastin and reduced hyperpigmentation</p> <p>product benefit: continued use will result in an even toned, healthier and younger looking complexion. can be used in conjunction with AHA regimes and/or retin A without compromising the integrity of the skin</p>

Skin For Life Complexion Analysis

1. Very Dry

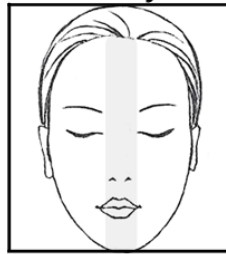


Skin For Life Skin Type 1 - Very Dry (cont.)

<p>Moisture Booster + hyaluronic acid LSS™ delivery</p> 	<p>product purpose: this hydrating serum is formulated with hyaluronic acid and leukocyte extract to promote an increase in hydration</p> <p>product benefit: to give the skin an additional boost of hydration</p>
<p>Vita A regenerate peptide + advanced LSS™ delivery</p> 	<p>product purpose: this oil free treatment contains lysozyme, an enzyme with anti-bacterial properties and was designed for problematic skin to providing a lightweight barrier to seal in the skin's own moisture while protecting and healing the skin</p> <p>product benefit: antibacterial and antimicrobial properties of lysozyme helps to promote healing.</p>
<p>Ultra Performing Complex +vitamin A,C,E LSS™ delivery</p> 	<p>product purpose: ultra rich in key ingredients this moisturizer delivers vitamins A, C and E to prevent free radical damage. contains ceramides which give skin resiliency and help reduce fine lines and wrinkles</p> <p>product benefit: this moisturizer contains high levels of stablized vitamin C, providing powerful antioxidants and will aid in moisture retention for mature/dry skins</p>
<p>Anhydrous Barrier + oil free concentrate</p> 	<p>product purpose: this chemical free sun protection is formulated with unique silicone elastomer compounds that provide a silkiness upon application and is safe for use following skin resurfacing procedures</p> <p>product benefit: this oil free product provides a full spectrum physical sun block and is an excellent makeup base to fill lines and give the skin a flawless finish</p>
<p>Vitamin Mask + activator</p> 	<p>product purpose: to reduce erythema and edema from the skin</p> <p>product benefit: aids in providing nutrients for cellular health</p>

Skin For Life Complexion Analysis






2. Dry



Skin For Life Skin Type 2 - Dry

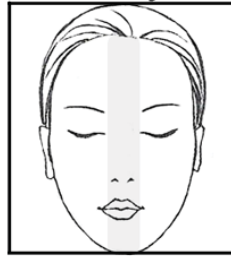
Description: Minimal sebaceous activity, dilated follicle size visible in the nasal to lateral region of nostril.

Conditions: Burn: Sun, Chemical, Wind, Heat; Sensitized (Chronic/Temporary); Dehydration; Milia Cyst; Open Comedones (Resistive); Tissue Congestion; Follicular Congestion; Flaky Skin; Irregular Pigmentation: Hyper, Hypo; Capillary Distention: mild, moderate, severe; Fine lines; Rhytides- beyond fine lines






<p>Gentle Milk Cleanser + liquid dissolve system</p> 	<p>product purpose: cleanser designed to lift impurities & dissolve makeup</p> <p>product benefit: oil free humectants help dissolve makeup and debris while combating dryness and irritation</p>
<p>Gentle Gel Cleanser +reaffirming nutrients</p> 	<p>product purpose: this soothing toner was formulated to be non-abrasive and non-irritating to the skin.contains calming ingredients azulene and bisabolol. also incorporates soothing moisturizers aloe andnatural phospholipds.</p> <p>product benefit: alcohol free and pH balanced to compliment the pH of the skin. can be used in preparation prior to serums and moisturizers to aid in absorption.</p>
<p>Instant Soothing Toner + natural phospholipids</p> 	<p>product purpose: this soothing toner was formulated to be non-abrasive and non-irritating to the skin.contains calming ingredients azulene and bisabolol. also incorporates soothing moisturizers aloe andnatural phospholipds.</p> <p>product benefit: alcohol free and pH balanced to compliment the pH of the skin. can be used in preparation prior to serums and moisturizers to aid in absorption.</p>
<p>Advanced Eye Treatment + growth peptide LSS™ delivery</p> 	<p>product purpose: this corrective and restorative eye treatment is designed with peptides and ceramides to increase collagen stimulation. A further blend of ingredients prevent the formation of pigment present in dark circles</p> <p>product benefit: solution for wrinkles around the eye area and under-eye dark circles</p>
<p>Vita C Peptide Serum + firming LSS™ delivery</p> 	<p>product purpose: formulated to deliver a high dose of vitamin C and packets of essential nutrients (LSS) aiding in increased production of collagen and elastin and reduced hyperpigmentation</p> <p>product benefit: continued use will result in an even toned, healthier and younger looking complexion. can be used in conjunction with AHA regimes and/or retin A without compromising the integrity of the skin</p>

Skin For Life Complexion Analysis

2.Dry

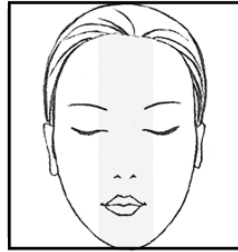


Skin For Life Skin Type 2 - Dry (cont.)

<p>Moisture Booster + hyaluronic acid LSS™ delivery</p> 	<p>product purpose: this hydrating serum is formulated with hyaluronic acid and leukocyte extract to promote an increase in hydration</p> <p>product benefit: to give the skin an additional boost of hydration</p>
<p>Vital recovery concentrate + healing botanicals</p> 	<p>product purpose: this product was designed to be used post skin resurfacing procedures. it will minimize transdermal water loss from the skin while promoting collagen and elastin production</p> <p>product benefit: this lightweight treatment cream is highly effective in calming and correcting irritated skin conditions. does not contain cortisone or hydrocortisone and will not sting when applied.</p>
<p>Ultra Performing Complex +vitamin A,C,E LSS™ delivery</p> 	<p>product purpose: ultra rich in key ingredients this moisturizer delivers vitamins A, C and E to prevent free radical damage. contains ceramides which give skin resiliency and help reduce fine lines and wrinkles</p> <p>product benefit: this moisturizer contains high levels of stabilized vitamin C, providing powerful antioxidants and will aid in moisture retention for mature/dry skins</p>
<p>Anhydrous Barrier + oil free concentrate</p> 	<p>product purpose: this chemical free sun protection is formulated with unique silicone elastomer compounds that provide a silkiness upon application and is safe for use following skin resurfacing procedures</p> <p>product benefit: this oil free product provides a full spectrum physical sun block and is an excellent makeup base to fill lines and give the skin a flawless finish</p>
<p>Vitamin Mask + activator</p> 	<p>product purpose: to reduce erythema and edema from the skin</p> <p>product benefit: aids in providing nutrients for cellular health</p>

Skin For Life Complexion Analysis

3. Normal



Skin For Life Skin Type 3 - Normal

Description: Mild sebaceous activity, dilated follicle size visible from nasal region to mid cheek region.

Conditions: Grade I-II Acne; Dehydration; Compromised Barrier Integrity; Pustules: Small, Large; Papules: Small, Large; Milia Cyst; Comedones: Open, Closed; Rough Texture; Flaky Skin; Irregular Pigmentation: Hyper, Hypo; Capillary Distention: mild, moderate, severe

<p>Gentle Gel Cleanser +reaffirming nutrients</p> 	<p>product purpose: this soothing toner was formulated to be non-abrasive and non-irritating to the skin.contains calming ingredients azulene and bisabolol. also incorporates soothing moisturizers aloe andnatural phospholipds.</p> <p>product benefit: alcohol free and pH balanced to compliment the pH of the skin. can be used in preparation prior to serums and moisturizers to aid in absorption.</p>
<p>Instant Soothing Toner + natural phospholipids</p> 	<p>product purpose: this soothing toner was formulated to be non-abrasive and non-irritating to the skin.contains calming ingredients azulene and bisabolol. also incorporates soothing moisturizers aloe andnatural phospholipds.</p> <p>product benefit: alcohol free and pH balanced to compliment the pH of the skin. can be used in preparation prior to serums and moisturizers to aid in absorption.</p>
<p>Salicylic toner + retexturing betaglukan</p> 	<p>product purpose: this corrective toner was formulated to help in removal of excess oils and residues from the skin.</p> <p>product benefit: very effective toner containing salicylic acid and lactic acid to gently exfoliate andretexturize the skin.</p>
<p>Advanced Eye Treatment + growth peptide LSS™ delivery</p> 	<p>product purpose: this corrective and restorative eye treatment is designed with peptides and ceramides to increase collagen stimulation. A further blend of ingredients prevent the formation of pigment present in dark circles</p> <p>product benefit: solution for wrinkles around the eye area and under-eye dark circles</p>
<p>Vita C Peptide Serum + firming LSS™ delivery</p> 	<p>product purpose: formulated to deliver a high dose of vitamin C and packets of essential nutrients (LSS) aiding in increased production of collagen and elastin and reduced hyperpigmentation</p> <p>product benefit: continued use will result in an even toned, healthier and younger looking complexion. can be used in conjunction with AHA regimes and/or retin A without compromising the integrity of the skin</p>

Skin For Life Complexion Analysis

3. Normal

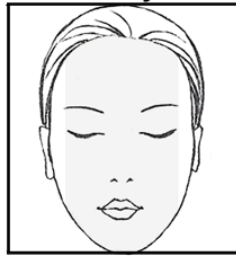


Skin For Life Skin Type 3 - Normal (cont.)

<p>Renewal Serum 10% + lactic concentrate LSS™ delivery</p> 	<p>product purpose: designed to dissolve over accumulation of dead skin cells.</p> <p>product benefit: brightens skin's complexion, and retextures follicle structure.</p>
<p>Vital Recovery Concentrate + healing botanicals LSS™ delivery</p> 	<p>product purpose: this product was designed to be used post skin resurfacing procedures. it will minimize transdermal water loss from the skin while promoting collagen and elastin production</p> <p>product benefit: this lightweight treatment cream is highly effective in calming and correcting irritated skin conditions. does not contain cortisone or hydrocortisone and will not sting when applied.</p>
<p>Skin Shield SPF 20 + physical protection</p> 	<p>product purpose: this product was formulated to offer full spectrum sun protection while combating harmful environmental factors</p> <p>product benefit: ideal to use prior to applying makeup, while adding complete UVA/UVB protection</p>
<p>Revitalizing Mint Mask + soothing camphor LSS™ delivery</p> 	<p>product purpose: this gel mask was designed for calming and de-sensitizing oily and problem prone skin making this a complete treatment mask</p> <p>product benefit: this refreshing gel mask is mildly stimulating and contains soothing and antiseptic properties of mint and camphor to help heal and calm</p>

Skin For Life Complexion Analysis

4. Oily



Skin For Life Skin Type 4 - Oily

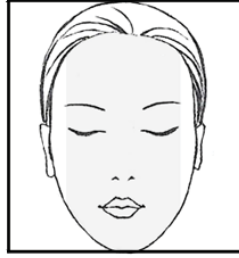
Description: Moderate sebaceous activity, dilated follicle size visible from nasal to lateral cheek region.

Conditions: Grade II-III Acne; Dehydration; Compromised Barrier Integrity; Pustules: Small/Large; Papules: Small/Large; Milia Cyst; Comedones: Open/Resistive; Comedones: Closed/Large-Resistive; Cysts; Rough Texture; Irregular Pigmentation: Hyper, Hypo; Capillary Distention: mild, moderate, severe






<p>Gentle Gel Cleanser +reaffirming nutrients</p> 	<p>product purpose: this soothing toner was formulated to be non-abrasive and non-irritating to the skin.contains calming ingredients azulene and bisabolol. also incorporates soothing moisturizers aloe andnatural phospholipds.</p> <p>product benefit: alcohol free and pH balanced to compliment the pH of the skin. can be used in preparation prior to serums and moisturizers to aid in absorption.</p>
<p>Salicylic Gel Cleanser + clarifying solution</p> 	<p>product purpose: this antibacterial salicylic cleanser is formulated for problem prone skin and is non-abrasive and non-irritating.</p> <p>product benefit: a therapeutic cleanser containing the maximum allowable salicylic concentration andis pH balanced to compliment the pH of the skin. aids in helping to control problem skin conditions.also contains polymers that leave the skin feeling soft and conditioned.</p>
<p>Salicylic Toner + retexturing betagluacan</p> 	<p>product purpose: this corrective toner was formulated to help in removal of excess oils and residues from the skin.</p> <p>product benefit: very effective toner containing salicylic acid and lactic acid to gently exfoliate andretexturize the skin.</p>
<p>Vita C Peptide Serum + firming LSS™ delivery</p> 	<p>product purpose: formulated to deliver a high dose of vitamin C and packets of essential nutrients (LSS) aiding in increased production of collagen and elastin and reduced hyperpigmentation</p> <p>product benefit: continued use will result in an even toned, healthier and younger looking complexion. can be used in conjunction with AHA regimes and/or retin A without compromising the integrity of the skin</p>
<p>Antibac Treatment + lysozyme protection LSS™ delivery</p> 	<p>product purpose: this oil free treatment contains lysozyme, an enzyme with anti-bacterial properties and was designed for problematic skin to providing a lightweight barrier to seal in the skin's own moisture while protecting and healing the skin</p> <p>product benefit: antibacterial and antimicrobial properties of lysozyme helps to promote healing.</p>

Skin For Life Complexion Analysis

4. Oily



Skin For Life Skin Type 4 - Oily (cont.)

<p>Renewal Serum 10% + lactic concentrate LSS™ delivery</p> 	<p>product purpose: designed to dissolve over accumulation of dead skin cells.</p> <p>product benefit: brightens skin's complexion, and retextures follicle structure.</p>
<p>Moisture Booster + hyaluronic acid LSS™ delivery</p> 	<p>product purpose: this hydrating serum is formulated with hyaluronic acid and leukocyte extract to promote an increase in hydration</p> <p>product benefit: to give the skin an additional boost of hydration</p>
<p>Vital Recovery Concentrate + healing botanicals LSS™ delivery</p> 	<p>product purpose: this product was designed to be used post skin resurfacing procedures. it will minimize transdermal water loss from the skin while promoting collagen and elastin production</p> <p>product benefit: this lightweight treatment cream is highly effective in calming and correcting irritated skin conditions. does not contain cortisone or hydrocortisone and will not sting when applied.</p>
<p>Skin Shield SPF 20 + physical protection</p> 	<p>product purpose: this product was formulated to offer full spectrum sun protection while combating harmful environmental factors</p> <p>product benefit: ideal to use prior to applying makeup, while adding complete UVA/UVB protection</p>
<p>Revitalizing Mint Mask + soothing camphor LSS™ delivery</p> 	<p>product purpose: this gel mask was designed for calming and de-sensitizing oily and problem prone skin making this a complete treatment mask</p> <p>product benefit: this refreshing gel mask is mildly stimulating and contains soothing and antiseptic properties of mint and camphor to help heal and calm</p>

Skin For Life Complexion Analysis

5. Very Oily



Skin For Life Skin Type 5 - Very Oily

Description: Extreme sebaceous activity, dilated follicle size visible from nasal to temple region.

Conditions: Grade III-IV Acne; Dehydration; Compromised Barrier Integrity; Cysts; Nodules; Pustules: Small/Large; Papules: Small/Large; Milia Cyst; Comedones: Open/Resistive; Comedones: Closed/Large; Irregular Pigmentation: Hyper, Hypo; Capillary Distention: mild, moderate, severe




<p>Salicylic Gel Cleanser + clarifying solution</p> 	<p>product purpose: this antibacterial salicylic cleanser is formulated for problem prone skin and is non-abrasive and non-irritating.</p> <p>product benefit: a therapeutic cleanser containing the maximum allowable salicylic concentration and is pH balanced to compliment the pH of the skin. aids in helping to control problem skin conditions. also contains polymers that leave the skin feeling soft and conditioned.</p>
<p>Salicylic Toner + retexturing betaglucan</p> 	<p>product purpose: this corrective toner was formulated to help in removal of excess oils and residues from the skin.</p> <p>product benefit: very effective toner containing salicylic acid and lactic acid to gently exfoliate and retexturize the skin.</p>
<p>Renewal Serum 10% + lactic concentrate LSS™ delivery</p> 	<p>product purpose: designed to dissolve over accumulation of dead skin cells.</p> <p>product benefit: brightens skin's complexion, and retextures follicle structure.</p>
<p>Antibac Treatment + lysozyme protection LSS™ delivery</p> 	<p>product purpose: this oil free treatment contains lysozyme, an enzyme with anti-bacterial properties and was designed for problematic skin to providing a lightweight barrier to seal in the skin's own moisture while protecting and healing the skin</p> <p>product benefit: antibacterial and antimicrobial properties of lysozyme helps to promote healing.</p>

Skin For Life Complexion Analysis

5. Very Oily



Skin For Life Skin Type 5 - Very Oily (cont.)

<p>Moisture Booster + hyaluronic acid LSS™ delivery</p> 	<p>product purpose: this hydrating serum is formulated with hyaluronic acid and leukocyte extract to promote an increase in hydration</p> <p>product benefit: to give the skin an additional boost of hydration</p>
<p>Skin Shield SPF 20 + physical protection</p> 	<p>product purpose: this product was formulated to offer full spectrum sun protection while combating harmful environmental factors</p> <p>product benefit: ideal to use prior to applying makeup, while adding complete UVA/UVB protection</p>
<p>Revitalizing Mint Mask + soothing camphor LSS™ delivery</p> 	<p>product purpose: this gel mask was designed for calming and de-sensitizing oily and problem prone skin making this a complete treatment mask</p> <p>product benefit: this refreshing gel mask is mildly stimulating and contains soothing and antiseptic properties of mint and camphor to help heal and calm</p>

SFL Peel Guide

The **SLF PEEL** is a unique treatment that may be customized by the technician to treat various skin conditions. Through a controlled layering process light to medium strength proliferating peels are obtained. There is little or no down time associated with the use of **SFL PEELS** Acne, hyper-pigmentation, environmentally damaged and aging skin can be addressed with immediate results when combined with microdermabrasion.

SLF PEEL products are for professional use only.

NEW CLIENT CONSULTATION QUESTIONNAIRE

Careful analysis of client skin under a Wood's Lamp or magnification lamp is recommended. Note skin type and condition on Client Evaluation Form. **IF CLIENT HAS HAD LASER SURGERY DO NOT PERFORM ANY PEEL PROCEDURE.**

Be sure to advise client of preparation for peel:

- Always patch test before procedure
- Do not use any prescriptive topicals one week prior to peel
- Do not use any abrasive scrubs or cleanser one-week prior to peel
- Do not spray any perfume on to neck or chest area prior to peel

Explain peel procedure and what possible reactions client can expect:

- Possible irritation, reddening
- Sensitivity to sun
- Flaking and or dryness of the stratum corneum as a reaction of increased stimulation of the epidermal cell layer
- Allergic reaction to perfumes and other products that client normally uses

Inform client of what is considered normal for peel procedure. Thoroughly outline the number of procedures and length of time required to achieve desired results. Be sure to inform client that a home care regimen must be followed for complete success. Explain how and what product must be used, including sunscreen protection. Advise client to contact you if any adverse conditions arise such as blistering, swelling or prolonged redness. Have client read thoroughly, initial and sign the questionnaire.

CONSENT FORM (appendix B)

It is mandatory that client sign a consent form prior to first treatment and initial prior to remaining treatments in the program. A copy of signed consent form should be given to client at initial consultation. A **CLIENT EVALUATION AND LOG** (appendix C) must be kept of treatments and products used.

SUPPLIES:

Gentle Cleanser
Small Dish
Headband
Fan Brush
100% Cotton 4 x 4 Pads
Fan
Bowl for water / Ice
Surgical Gloves, non-latex
Client Consultation Form
Client Consent Form
Client Treatment Log or Record

PATCH TEST:

ALWAYS PATCH TEST 48-HOURS PRIOR TO PROCEDURE: Apply one layer of each product on a small area back of ear (On the Mastoid). One square inch is sufficient. Hydrate area with cold water. A period of one-two minutes can determine acute sensitivity. Redness, edema (swelling), any rash or client discomfort is an indication of sensitivity. Immediately wash area with cold water.

PRECAUTIONS:

Do **NOT** apply if any of the following conditions exist:

- **If client is using retinoic acid, ex. Retin-A, Renova, Differin, Tazorac or Azelex or any prescriptive topical.**
- **If client is on Accutane.**
- **If client has had ablative laser surgery, i.e. CO₂**
- **If client has had cold laser or cosmetic surgery within six weeks.**
- **If facial waxing has been performed within ten days.**
- **If client has active herpes or cold sores.**
- **If client is allergic to any of the listed ingredients.**
- **If client does not sign the consent form.**

REACTIONS:

Reddening of the skin, intense burning, erythema, intense itching, hot spots (areas of intense burning).

SOLUTIONS:

Immediately neutralize area (mixture of one teaspoon bicarbonate of soda to one cup of water). Remove with cold, wet cotton pads. Repeat removal with cold, wet cotton pads, until reddening begins to subside. Instruct client not to use any products until skin sensitivity is normal. Contact client the next day and record in log.

SFL PEEL

PRODUCTS:

SFL Part 1

SFL Part 2

SFL Part 1

A skin preparatory treatment prior to AHA, BHA Peels and microdermabrasion; this pretreatment removes excess oil and any makeup left on the skin. In addition provides an anti-inflammatory/counter-irritant pretreatment as well as low irritation pigmentation suppression system.

HOW IT WORKS: This pretreatment is designed to de-grease the skin surface and provide final cleansing. Lactic Acid aids in softening stratum corneum while natural plant extracts suppress melanocyte activity allowing stimulation of the epithelia layers through the peel procedures.

INGREDIENTS: SD Alcohol 40-B, Butylene Glycol, Mulberry (Morus Alba) Extract, Licorice (Glycyrrhiza Glabra) Extract, Bearberry (Arctostaphylos Uva-Ursi) Extract, Scutellaria Extract, Kojic Acid, Ethoxydiglycol, PEG-7 Glyceryl Cocoate, Centaurium Erythraea Extract, Sigesbeckia Orientalis Extract, Lactic Acid, Ascorbyl Palmitate

KEY INGREDIENTS:

- **Sigesbeckia Orientalis Extract:** A native plant to Madagascar. It has calming, anti-inflammatory properties.
- **Licorice Extract:** Derived from the licorice root. It has anti-inflammatory properties.
- **Bearberry Extract:** Has antibacterial properties for skin. It also contains arbutin. Arbutin helps to inhibit melanin production.
- **Mulberry Extract:** Helps to inhibit melanin production.
- **Scutellaria Extract:** A herbal extract that has antibacterial and anti-inflammatory properties.
- **Centaurium Extract:** A plant that ursolic acid is derived from for anti-inflammatory properties.
- **Kojic Acid:** An extract of fungi (mushrooms) that has antioxidant properties and is used to help prevent melanin production.

SFL Part 2

This AHA/BHA/ PHA peel at a pH of 1.7-2.0 in an anhydrous base. Softens stratum corneum and exfoliates. Stimulates cellular mitosis and indirectly fibroblast synthesis; helps suppress melanocyte activity. Helps regulate sebaceous activity.

HOW IT WORKS: The anhydrous component allows the full acid strength penetration through the stratum corneum to the epithelia layers with minimum irritation. Once activated with application of water the acids soften the stratum corneum and stimulate cellular mitosis causing exfoliation.

INGREDIENTS: SD Alcohol 40B, Salicylic Acid, Lactic Acid, Citric Acid, Ascorbyl Palmitate
pH 1.7-2.0

KEY INGREDIENTS:

- **Salicylic Acid:** Beta hydroxy acid (BHA). Is used as an exfoliant. BHA is effective for reducing clogged pores and breakouts and is anti-inflammatory
- **Lactic Acid:** An alpha hydroxy acid (**AHA**) extracted from milk, though most forms used in cosmetics are synthetic. It exfoliates cells on the surface of skin by breaking down the material that holds skin cells together.
- **Citric Acid:** A polyhydroxy acid derived from citrus is.
- **Ascorbyl Palmitate:** A form of vitamin C and an antioxidant.

DIRECTIONS FOR USE: ALWAYS PATCH TEST 48 HOURS PRIOR TO PROCEDURE

1. Cleanse entire area to be treated with **Gentle Cleanser and or Salicylic Gel Cleanser**. Remove all traces of cleanser with warm water.
2. Use 2x2 gauze to apply a thin layer of **SFL Part 1** solution, allow to dry. It is best to fan the skin while drying allowing for faster evaporation of strong medicinal smell. You can layer pigmented areas. No more than 3 layers per area. Allow to dry between layers.
3. Pour a small amount of **SFL Part 2** into a dish, using brush and or 2x2gauze apply a thin, even layer in quadrants and neutralize in quadrants. Working rapidly and with even strokes. Allow to dry. Level and intensity of peel is achieved by applying multiple layers of **SFL Part 2**. Allow to dry completely between layers. The number of layers is determined by skin type and condition being treated.
4. Apply a cold/ice water compress with strips of cotton pad (4x4 unfolded) for 3-to 5 minutes to fully activate peel. Ask client to inform of any area of stinging or warming sensation. This will help to identify sensitivity. Skin should be checked for any erythema or "hot spots". Record skin reactions. These areas should be regarded carefully in future treatments. If extreme discomfort of intense burning or stinging occurs immediately neutralize area (mixture of one teaspoon bicarbonate of soda to one cup of water). Remove with cool, wet cotton pads.
5. Mist on **INSTANT SOOTHING TONER**.
6. Finish by applying a thin layer of **Vita C PEPTIDE SERUM**. Allow to dry.
7. Apply thin layer of **VITAL RECOVERY CONCENTRATE**.
8. Apply thin layer of **ANHYDROUS BARRIER SPF 20**.
9. Always present the client with the post procedure home care information sheet

BENEFITS:

1. **Stimulates indirect fibroblast**
2. **Less irritation**
3. **No down time**
4. **Minimizes fine lines and wrinkles**
5. **Reduces post inflammatory discoloration from acne**
6. **Helps regulates sebaceous activity**
7. **Lightens and brightens skin**
8. **Minimizes environmentally and photo damaged and aging skin**
9. **To lessen the appearance of fine lines and wrinkles**
10. **Softens skin**
11. **Refines skin texture**
12. **Minimizes melanocyte activity**

RESULTS: Smooth, plumped skin. Fine lines and wrinkles are diminished. Skin is radiant and fresh looking. Skin tone is more even.

SFL PEEL

30 minute service

Suggested price \$55.00 - \$75.00

This light to medium peel is best for skin where lines, wrinkles, skin tone and texture is the main concern. A layered peel is applied to the skin to exfoliate and stimulate cellular renewal to reveal a brighter, firmer and refined texture to the skin.

The benefits and possible reactions must be explained to the client before service can begin. The client must sign the consent form provided. Review the questionnaire and answers to determine if client is eligible for treatment.

TO EFFECTIVELY TREAT HYPERPIGMENTATION IT IS BEST TO START CLIENT ON PIGMENTATION SUPPRESSORS 4-6 WEEKS BEFORE PROCEDURE

1. Observe the skin / patch test
2. Remove makeup from eyes and lips
3. Cleanse area to be treated with *GENTLE CLEANSER*
4. Analyze skin using the magnifying lamp. Take note of pigmented or problem areas. Explain procedure to the client.
5. Using a 2x2 gauze apply a thin even layer of *SFL Part 1*, allow to dry. If pigmentation is of concern additional layers may be applied to pigmentation only. Do not exceed three layers, depending on Fitzpatrick Skin Type.
6. Apply an even layer of the *SFL Part 2*, using a brush and or 2x2; allow to dry between each layer do not exceed three layers depending on Fitzpatrick Skin Type.
7. Apply cold/ice water compress using 4x4 cotton strips (unfolded) soaked in water.
8. Allow peel to penetrate for one-two minutes. Ask if there is any stinging or discomfort. Bicarbonate of soda and water mixture (1ts to 1cup water) can be applied onto the area if extreme stinging/burning (hot spots) occur.
9. Remove peel with very damp cool cotton.
10. Spray with *INSTANT SOOTHING TONER*.
11. Apply *Vita C PEPTIDE SERUM*.
12. Apply *VITAL RECOVERY CONCENTRATE*.
13. Apply *ANYHROUS BARRIER SPF 20*.
14. Consultation: explain benefits of using home care products and suggest regimen. Supply the client with the AFTER PROCEDURE HOME CARE INFORMATION SHEET.

Post care: ACNE PEEL

Do not use any other product on the skin for three days following peel procedure as the skin is hypersensitive. Even your regular perfume may cause a reaction. You may experience itching, burning or a warm sensation, slight redness and sensitivity following a peel procedure. If condition persists or is uncomfortable please contact us. You may also experience flaking and or peeling. This should only last a couple of days.

We recommend that you follow the regimen listed below post procedure for maximum benefits. You may resume your regular skin care regimen three days post peel.

AM:

1. Cleanse
Gentle Gel Cleanser
Massage on damp face. Rinse thoroughly.
2. Treat / Stimulate
Vita C Peptide Serum
Apply dime/nickel size with fingertips to entire face.
3. Protect
Anhydrous Barrier SPF 20
Apply as needed.

PM:

1. Cleanse
Gentle Gel Cleanser
Massage on damp face. Rinse thoroughly.
2. Treat / Stimulate
Vita C Peptide Serum
Apply dime/nickel size with fingertips to entire face.
3. Protect
Antibac Treatment and or Vital Recovery Concentrate
Apply as needed.

Post care: ANTI-AGING or HYPER-PIGMENTED PEEL,

Do not use any other product on the skin for three days following peel procedure, as the skin may be hypersensitive. Even your regular perfume may cause a reaction. You may experience itching, burning or a warm sensation, slight redness and sensitivity following a peel procedure. If condition persists or is uncomfortable please contact us. You may also experience flaking and or peeling. This should only last a couple of days. We recommend that you follow the regimen listed below for three days post procedure for maximum benefits. You may resume your regular skin care regimen three days post peel.

AM:

1. Cleanse
Gentle Gel Cleanser
Massage on damp face. Rinse thoroughly.
2. Tone
Instant Soothing Toner
Spray fine mist onto face and neck.
3. Stimulate
Vita C Peptide Serum
Apply dime/nickel with fingertips to entire face.
4. Correct
Vital Recovery Concentrate
Apply in thin even layer.
5. Protect
Apply in thin even layer.
Anhydrous Barrier SPF 20

PM:

1. Cleanse
Gentle Gel Cleanser
Massage on damp face. Rinse thoroughly.
2. Tone
Instant Soothing Toner
Spray fine mist onto face and neck.
3. Stimulate
Vita C Peptide Serum
Apply dime/nickel with fingertips to entire face.
4. Correct
Vital Recovery Cream
Apply in thin even layer.

{Acne/Oily Protocol}

Cleanse: Salicylic Gel Cleanser + clarifying solution

Tone: Instant Soothing Toner + natural phospholipids or Salicylic Toner + retexturing betaglucon

Treat: With Gentle exfoliant {Enzyme gel + papaya complex}

Apply thin layer to the entire face with mask brush

Leave on for 3-5 minutes; may use steam (5 minutes) or hot towel (1 minute)

Remove

Micro-dermabrasion may be used before Enzyme gel + papaya complex for an enhanced treatment with **non-inflamed acne**.

Extractions: If necessary, follow with Salicylic Toner + retexturing betaglucon or Instant Soothing Toner + natural phospholipids

Treat: LED Light Therapy: Use Red/Blue light therapy for 20 minutes (Optional) or High Frequency (Optional)

Stimulate: Lymphatic Drainage (Inflamed Acne) or Massage for (Non-inflamed acne)

Serum: Moisture Booster + hyaluronic acid with LSS™ delivery

Mask: Revitalizing mint mask + soothing camphor or Post Micro Mask + activator

Cold Therapy: Apply cold compress for 5-10 minutes to reduce any erythema

Nourish: Moisture Booster + hyaluronic acid with LSS™ delivery

Restore: Antibac Treatment + oil-free concentrate with LSS™ delivery

Preserve: Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Protection: Anhydrous Barrier SPF 20 + oil-free concentrate

{Rosacea/Sensitive Protocol}

Cleanse: Gentle Gel Cleanser + reaffirming nutrients or Gentle Milk Cleanser + liquid dissolve system

Toner: Instant Soothing Toner + natural phospholipids

Treat: With gentle exfoliant {Enzyme gel + papaya complex}

Apply thin layer to the entire face with mask brush

Leave on for 3-5 minutes; may use steam (5 minutes) or hot towel (1 minute)

Remove

May use Micro-dermabrasion with Organic grains to polish the skin before Enzyme gel + papaya complex

Soothe: LED Red Light Therapy 20 minutes on clean skin (Optional) or High Frequency with violet (Optional)

Restore: Use Lymphatic Drainage

Nourish: Moisture Booster + hyaluronic acid with LSS™ delivery

Replenish: Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Mask: Apply Post-Micro Mask + activator leave on for at least 10 minutes and remove

Nourish: Apply Moisture Booster + hyaluronic acid with LSS™ delivery

Replenish: Apply Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Maintenance: Apply Ultra Performing Complex + vitamins A, C, E with LSS™ delivery

Protect: Use Anhydrous Barrier SPF 20 + oil-free concentrate

{Anti-aging} Oxygen Infusion System Protocol

Cleanse: Gentle Milk Cleanser + liquid dissolve system

Tone: Instant Soothing Toner + natural phospholipids

Treat: May use the following

Micro-dermabrasion Aluminum oxide or Organic grains

Enzyme gel + papaya complex

Remove and use Instant Soothing Toner + natural phospholipids

Oxygen Infusion System

Avoid Eyes

Apply a thin layer of anti-aging concentrate to the entire face

You may manipulate with finger tips to increase circulation

Spray phase 2: Oxygen reaction + activator over the entire face

May manipulate with light massage movements

Allow product to remain on the skin for 3-5 minutes, you may see a foaming oxygen infusion reaction.

Remove with tepid water thoroughly

Soothe: Apply Instant Soothing Toner + natural phospholipids

Nourish: Apply Vita C peptide serum + LSS™ delivery or Moisture Booster + hyaluronic acid with LSS™ delivery

Replenish: Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Restore: Ultra Performing Complex + vitamins A, C, E with LSS™ delivery

Protect: Anhydrous Barrier SPF 20 + oil-free concentrate

{Anti-aging + bio-rejuvenation} Protocol

Cleanse: Gentle Milk Cleanser + liquid dissolve system

Tone: Instant Soothing Toner + natural phospholipids

Treat: With gentle exfoliant {Enzyme gel + papaya complex}

Apply thin layer to the entire face with mask brush

Leave on for 3-5 minutes; may use steam (5 minutes) or hot towel (1 minute)

Remove

Extractions: If necessary

Anti-aging options: Red LED Light Therapy and or Micro-current

Stimulate: Facial Massage or Lymphatic Drainage

Mask: Post-micro mask + activator

Remove: Apply Instant Soothing Toner + natural phospholipids

Nourish: Vita C peptide serum + LSS™ delivery

Replenish: Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Restore: Ultra Performing Complex + vitamins A, C, E with LSS™ delivery

Protect: Anhydrous Barrier + oil-free concentrate

{Acne} Oxygen Infusion System Protocol

Cleanse: Salicylic Gel Cleanser + clarifying solution

Tone: Salicylic Acid Toner + retexturing betaglucon

Treat: With gentle exfoliant {Enzyme gel + papaya complex}

Apply thin layer to the entire face with mask brush

Leave on for 3-5 minutes; may use steam (5 minutes) or hot towel (1 minute)

Remove

May use Micro-dermabrasion with non-inflamed acne before enzyme gel + papaya complex

Extractions: If necessary

Oxygen Infusion System

Avoid Eyes

Apply a thin layer of acne concentrate to the entire face

You may manipulate with finger tips to increase circulation

Spray phase 2: Oxygen reaction + activator over the entire face

May manipulate with light massage movements

Allow product to remain on the skin for 3-5 minutes, you may see a foaming oxygen infusion reaction.

Remove with tepid water thoroughly

Nourish: Moisture Booster + hyaluronic acid with LSS™ delivery

Replenish: Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Mask: Revitalizing Mint Mask + healing camphor or Post-micro Mask + activator

Nourish: Moisture Booster + hyaluronic acid with LSS™ delivery

Recover: Antibac Treatment + lysozyme protectant with LSS™ delivery

Protect: Anhydrous Barrier + oil-free concentrate

{Rosacea} Oxygen Infusion System Protocol

Cleanse: Gentle Gel Cleanser + affirming nutrients

Tone: Instant Soothing Toner + natural phospholipids

Treat: With gentle exfoliant {Enzyme gel + papaya complex}

Apply thin layer to the entire face with mask brush

Leave on for 3-5 minutes; may use steam (5 minutes) or hot towel (1 minute)

Remove

May use Micro-dermabrasion with non-inflamed acne before enzyme gel + papaya complex

Extractions: If necessary

Oxygen Infusion System

Avoid Eyes

Apply a thin layer of oxygen concentrate + sensitive treatment to the entire face

You may manipulate with finger tips to increase circulation

Spray phase 2: Oxygen reaction + activator over the entire face

May manipulate with light massage movements

Allow product to remain on the skin for 3-5 minutes, you may see a foaming oxygen infusion reaction.

Remove with tepid water thoroughly

Red LED Light Therapy may be used for 20 minutes to reduce erythema (Redness)

Nourish: Moisture Booster + hyaluronic acid with LSS™ delivery

Recover: Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Maintenance: Ultra Performing Complex + vitamins A, C, E with LSS™ delivery

Protect: Anhydrous Barrier SPF 20 + oil-free concentrate

{Lightening} Oxygen Infusion System Protocol

Cleanse: Gentle Gel Cleanser + affirming nutrients

Tone: Instant Soothing Toner + natural phospholipids

Treat: With gentle exfoliant {Enzyme gel + papaya complex}

Apply thin layer to the entire face with mask brush

Leave on for 3-5 minutes; may use steam (5 minutes) or hot towel (1 minute)

Remove

May use Micro-dermabrasion with non-inflamed acne before enzyme gel + papaya complex

Extractions: If necessary

Oxygen Infusion System

Avoid Eyes

Apply a thin layer of oxygen concentrate + lightening treatment to the entire face

You may manipulate with finger tips to increase circulation

Spray phase 2: Oxygen reaction + activator over the entire face

May manipulate with light massage movements

Allow product to remain on the skin for 3-5 minutes, you may see a foaming oxygen infusion reaction.

Remove with tepid water thoroughly

Red LED Light Therapy may be used for 20 minutes to reduce erythema (Redness)

Nourish: Moisture Booster + hyaluronic acid with LSS™ delivery

Recover: Vital Recovery Concentrate + healing botanicals with LSS™ delivery

Maintenance: Ultra Performing Complex + vitamin A, C, E with LSS™ delivery

Protect: Anhydrous Barrier SPF 20 + oil-free concentrate

Skin For Life

Cleanse & Balance System



Gentle Milk Cleanser + liquid dissolve concentrate

Tocopheryl Acetate
Retinyl Palmitate

Action: Removal of debris without dehydration.

SFL Skin Types: SFL Dry², SFL Dry¹, SFL Oily³

Skin Conditions: Chronic Sensitivities ,
Temporary Sensitive, dehydration, mild to moderate capillary distention.

Companion Products: Instant Soothing Toner,
Vita C Peptide Serum, Ultra Performing Complex

Retail: 6oz
Professional: 16oz



Gentle Gel Cleanser + reaffirming nutrients

Betaglucan
Tocopheryl Acetate
Retinyl Palmitate

Action: Removal of debris without dehydration,
minimizing skin's natural moisture factor.

SFL Skin Types: All Skin Types

Skin Conditions: Chronic sensitivities,
Temporary sensitivities

Companion Products: Instant Soothing Toner,
Vita C Peptide Serum, Anhydrous Barrier

Retail: 6oz
Professional: 16oz



Salicylic Gel Cleanser + clarifying solution

Salicylic Acid 1.8%

Action: Allows surface exfoliation and follicular exfoliation; removing solidified sebum and debris.

SFL Skin Types: SFL Oily³, SFL Oily⁴, SFL Oily⁵

SFL Conditions: Non-inflamed acne, Inflamed acne, Seborrhea, Oily skins

Companion Products: Salicylic Toner, Antibac Treatment, Skin Shield SPF 25

Retail: 6oz
Professional: 16oz



Instant Soothing Toner + natural phospholipids

Chamomile Extract
Bisabolol
Betaglukan

Action: Hydrate and Soothe irritated skin; use prior to treatment serum for product penetration.

SFL Skin Types: All SFL Skin Types

Skin Conditions: Dehydration, Sensitivities, Inflamed skin

Companion Products: SFL Cleansers, SFL Serums

Retail: 6oz
Professional: 16oz



Salicylic Toner + retexturing betaglucon

Salicylic Acid 1%
Eucalyptus Globulus Oil
Betaglucon
Lactic Acid

Action: To prep skin for bio-availability with treatment serums. Minimizes oxidation to follicular wall.

SFL Skin Types: SFL Oily³, SFL Oily⁴, SFL Oily⁵

SFL Conditions: Non-inflamed acne, Inflamed acne, Seborrhea, and Oily skins

Companion Products: Antibac Treatment, Renewal Serum 10%, Skin Shield SPF20

Retail: 6oz
Professional: 16oz

Skin For Life

Advanced Delivery System



Vita C Peptide Serum + firming LSS™ delivery

Magnesium Ascorbyl Phosphate
Leukocyte Extract
Bearberry

Action: Enhances the epidermal/dermal layers with antioxidants, capillary support, pigment inhibitor, and maintains skin immunity.

SFL Skin Types: All SFL Skin Types

Skin Conditions: Sun-damage, Melasma, Chloasma, Rosacea, Dehydration, and Elasticity Deficiency

Companion Products: Renewal Serum 10%, Vital Recovery Concentrate, Ultra Performing Complex

Retail: 1oz
Professional: 4oz



Vital Recovery Concentrate + healing botanicals w/ LSS™ delivery

Magnesium Ascorbyl Phosphate
Bisabolol
Betaglucan

Action: Treatment concentrate for diffusing erythema and common irritation from performance treatments

SFL Skin Types: All SFL Skin Types

Skin Conditions: Sensitivites (Chronic/Temporary), Rosacea, Inflamed acne, Post -treatment application

Companion Products: Vita C Peptide Serum, Moisture Booster, Renewal Serum 10%, Ultra Performing Complex

Retail: 1.6oz
Professional: 6oz



Renewal Serum 10% + lactic Acid with LSS™ delivery

Lactic Acid 10%
PH 3.0
Betaglukan

Action: Designed to dissolve over accumulation of dead skin cells, brighten skin's complexion, and retexture follicle structure

SFL Skin Types: All Skin Types

Skin Conditions: Dehydration, Sun-damage, Rhytides, Oily skin, Acne, Rosacea, and Pre-treatment protocols

Companion Products: Vita C Peptide serum, Moisture Booster, Vita A Regenerate Peptide, Vital Recovery Concentrate

Retail: 1oz



Antibac Treatment + lysozyme protection with LSS™ delivery

Lysozyme
Tocopheryl Acetate

Action: Reduces propions-bacterium and helps to regulate sebaceous activity

SFL Skin Types: SFL Oily³, SFL Oily⁴, SFL Oily⁵

Skin Conditions: Grades I, II, III, IV Acne, Seborrhea, and Rosacea

Companion Products: Moisture Booster, Renewal Serum 10%, Skin Shield SPF 20, Revitalizing Mint Mask

Retail: 1oz
Professional: 6oz



Vita A regenerate + LSS™ delivery

Retinol 15%

Action: Stimulate fibroblast synthesis with proteins

SFL Skin Types: All SFL Skin Types

Skin Conditions: Dehydration, Rough Texture, Lack of Elasticity, Irregular pigmentation, Follicular congestion, Rhytides

Companion Products: Renewal Serum 10%, Vita C Peptide Serum, Vital Recovery Concentrate,

Retail: 1oz



Advanced Eye Treatment + growth peptide w/ LSS™ delivery

Hyaluronic Acid
Rapeseed Extract

Action: Helps to prevent evaporation, and enhances blood and lymphatic circulation

SFL Skin Types: All Skin Types

Skin Conditions: All skin conditions and may be used as a post-surgery ointment after Blepharoplasty

Companion Products: Vita C Peptide Serum, Moisture Booster, Vita A Regenerate Peptide

Retail: .5oz

Skin For Life

Hydrating System



Moisture Booster + hyaluronic acid w/
LSS™ delivery

Hyaluronic Acid
Magnesium Ascorbyl Phosphate
Leukocyte Extract

Action: Gel reinforces the intercellular matrix
to prevent moisture loss and give an additional
water reservoir

SFL Skin Types: All Skin Types

Skin Conditions: Dehydration, Sensitivities
(Chronic/temporary), Oily Skins, Inflamed and
non-inflamed acne

Companion Products: Vital Recovery
Concentrate, Antibac Treatment, Vita C
Peptide Serum

Retail: 2oz



Skin Shield SPF 20 + physical
protection

Titanium Dioxide 8.57%
Zinc oxide 2.55%

Action: Physical protection against
UVR damaging rays

SFL Skin Types: All SFL Skin Types

Skin Conditions: All Skin Conditions

Companion Products: Vita C Peptide
Serum, Moisture Booster

Retail: 2oz



Ultra Performance Complex + vitamin A, C,
E w/ LSS™ delivery

Magnesium Ascorbyl Phosphate
Sweet Almond Oil
Sunflower Seed Oil

Action: Maintenance cream with high nutritional
value for cellular health

SFL Skin Types: SFL Dry¹, SFL Dry², SFL Oily³

Skin Conditions: Dehydration, Dry-chapped skin,
Loss of elasticity, Sun-damage

Companion Products: Vita C Peptide Serum,
Moisture Booster

Retail: 1.6oz
Professional: 6oz



Anhydrous Barrier SPF 20+ oil-free
concentrate

Titanium Dioxide 7.28%
Zinc Oxide 2.4%

Action: Physical protection against UVR damage

SFL Skin Types: All SFL Skin Types

Skin Conditions: All Skin Conditions

Companion Products: Vita C Peptide Serum,
Moisture Booster

Retail: 2oz
Professional: 4oz

Skin For Life

Exfoliation + Mask System



Revitalizing mint mask + healing
camphor w/ LSS™ delivery

Spirulina Maxima
Camphor

Action: Three important factors: exfoliate,
hydrate, and deep cleanse

SFL Skin Types: SFL Oily³, SFL Oily⁴, SFL
Oily⁵

Skin Conditions: Grade I, II, III, IV,
Seborrhea, Oily Skin

Companion Products: Salicylic Gel
Cleanser, Salicylic Toner, Antibac
Treatment

Retail: 2oz

Nature's Oceanic Supplement

Algae!



2-part Vitamin Mask + activator

Cryogenic Mask:
Alginic Acid
Mannitol
Spirulina

Cryogenic Activator:
Aloe Vera Gel
Spearmint Essential Oil
Thyme Extract
Menthol

Action: Reduce erythema and edema
from the skin, aids in providing
nutrients for cellular health

2-sets



Enzyme Exfoliant + papaya complex w/
LSS™ delivery

Papain
LSS™ delivery

Action: To digest and dissolve over
accumulation of dead skin cells, without
irritation

SFL Skin Types: All SFL Skin Types

Skin Conditions: Safe for all skin conditions

Skin for Life Companion Equipment: Micro-
dermabrasion, Micro-current , Ultra-scrubber,
LED Light Therapy

Professional: 4oz

Skin For Life

Professional Peel System



Peel Prep + non-hydroquinone lightener
w/ LSS™ delivery

Kojic Acid
Lactic Acid
Ascorbyl Palmitate
Licorice Root Extract

Action: Design to degrease the skin's surface and provide a low irritation pigment suppression before AHA/BHA peels

SFL Skin Types: All Skin Types

Skin Conditions: All skin conditions and may be used for Fitzpatrick I-V

Professional Products: Professional Peel + salicylic lactic citrus

Professional: 4oz



Professional Peel + salicylic lactic citrus
w/ LSS™ delivery

Salicylic Acid 8%, Lactic Acid 8%, Citrus Acid 8%

Action: Removal of the cohesion of dead skin cells

SFL Skin Types: All SFL Skin Types;
Fitzpatrick I-IV

Skin Conditions: Sun-damage, Melasma, Chloasma, Oily skin, Non-inflamed acne, Inflamed acne

Professional Product: Peel Prep + non-hydroquinone lightener

Professional: 4oz

Skin For Life

Oxygen Infusion System



Oxygen Infusion Treatment + acne w/
ISS™ delivery

Lysozyme
Ascorbic Acid

Action: To reduce the activity of the propions-bacterium and helps regulate sebum activity

SFL Skin Types: SFL Oily³, SFL Oily⁴, SFL Oily⁵

Skin Conditions: Grades I-IV acne, Seborrhea, and Oily skins

Professional Products: Oxygen Infusion Treatment + activator

Professional: 4oz



Oxygen Infusion Treatment + sensitive w/
ISS™ delivery

Ascorbic Acid
Bisabolol
Centaurium Erythraea Extract

Action: Aids in capillary support and diffuses erythema

SFL Skin Types: All Skin Types

Skin Conditions: Rosacea, Temporary Sensitivities, Telangiectasia

Professional Products: Oxygen Infusion Treatment + activator

Professional: 4oz



Oxygen Infusion Treatment + anti-aging

Ascorbic Acid
Magnesium Ascorbyl Phosphate
Tocopheryl Acetate
Retinyl Palmitate

Action: Increase micro-circulation, promoting cell mitosis and protein synthesis

SFL Skin Types: All Skin Types

Skin Conditions: Aging Skin: Loss of elasticity, fine lines, rhytides

Professional Products: Oxygen Infusion treatment + activator

Professional: 4oz



Oxygen Infusion Treatment + lightening

Magnesium Ascorbyl Phosphate
Licorice
Kojic Acid
Bearberry

Action: To minimize the activity of melanocytes, add to diffuse the cohesion of tarnished cells

SFL Skin Types: All SFL Skin Types

Skin Conditions: Sun-damage, Melasma, Chloasma, Hyper-pigmentation

Professional Products: Oxygen Infusion Treatment + activator

Professional: 4oz



Oxygen Infusion Treatment + activator

Sodium Bicarbonate
Hydrogen Peroxide

Action: Releases oxygen to combine with nutrients for a corrective result

SFL Skin Types: All SFL skin types

Professional Product:

Anti-aging
Acne
Lightening
Sensitive

Professional: 4oz

**SFL Informed Consent
Spa Treatment**

Date_____

___I have been thoroughly informed by Spa Therapist_____ of any complications to recommended procedure _____ and I understand there are no guarantees to procedures given by _____.

___I am committed to following post procedure care given to me by Spa Therapist_____ to ensure the best possible result.

___I have given all medical information to the best of my knowledge to _____ to prevent any contra-indication to procedures.

Yes or No I have had a history of cold sores, fever blisters and/or Shingles.

Yes or No I am using (Retin-A, Tretinoic Acid, Differin, Glycolic Acid, Accutane, or other Vitamin A derivative topical creams/ointments).

___ I have not used any Performance Agents within the last 5-7 days; knowing that this is a contra-indicator of having procedures performed.

___ I am committed to avoiding the sun and/or tanning facilities for the recommended time given to me by Spa Therapist_____.

Client Signature:

Date:

Spa Therapist:

Date:

Witness:

Date:
